

EASY RAINBOW POPSICLES

Prep time: 15 minutes

Freeze time: 6 hours

Servings: 8 popsicles



INGREDIENTS:

- 1 package Instant Jello Vanilla Pudding (The box size that says 4 servings)
- 2-2/3 cups Milk
- Liquid Food Colouring

DIRECTIONS:

1. Whisk together the pudding mix and the milk until smooth.
2. Divide the pudding equally into 5 bowls.
3. Add 6 drops of food colouring into each bowl to make red, orange (1 drop red, 5 drops yellow), yellow, green and blue pudding. Stir each colour until mixed.
4. Using a small spoon, add approximately 1 tablespoon of red pudding to the bottom of a 3 ounce paper Dixie cup. Tap the cup gently on the counter to even out the layer.
5. Continue adding approximately 1 tablespoon of orange, yellow, green then blue pudding layers and tapping them gently between each layer to even them out.
6. Add a small square of tin foil to the top of each Dixie cup.
7. Use a knife to poke a hole in the middle of the tin foil on each cup. Then poke the popsicle sticks through the hole in the foil and push to the bottom.
8. Freeze for 6 hours or until completely frozen.
9. Enjoy!